



## UPLIFTING NEWS

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### **Bonsai BBQ - Madison**

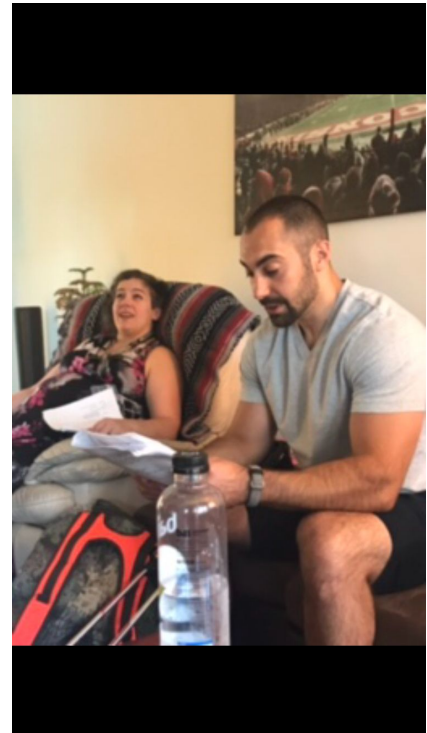
July 29th, 2018- Madison, WI

Written by Cole Schenck || Edited by Megan Flood, Joel Campnell, Jing Wu

This month, TMR incorporated a cookout as part of their Bonsai Retreat! The smoky scent of grilling meat and veggies filled the air as members hung out and played games in the yard. Dawn, one of the members in attendance, shared a little bit about herself and her brain injury (BI):

*“Ya know, even though I had my BI 23 years ago, I am SO happy that I can (& do) talk about it with just about anyone. Mind you, it took about a year and a half post BI to do this, but I am exuberant I finally did! I used to wonder what would have happened to me if I had not had a brain injury. But, I (for the most part) enjoy my life the way it is. I use walking sticks. I use a Bioness system to help me walk. I am so much further, compared to what Docs said to my parents! What can I say?”*

TMR member Jeff was engaged in conversation with Dawn about an upcoming play she would be in, and offered to help her read her lines (seen in the picture). Dawn noted that she was feeling a little anxious, as she had been forgetting some of her lines and felt out of practice. It was a very helpful offering from Jeff!



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