



The MindReset

UPLIFTING NEWS

Brain Injury Survivor Card I.D.- Get Yours Today!!!

07/18/18 - MedStar Rehabilitation Hospital, Washington, DC

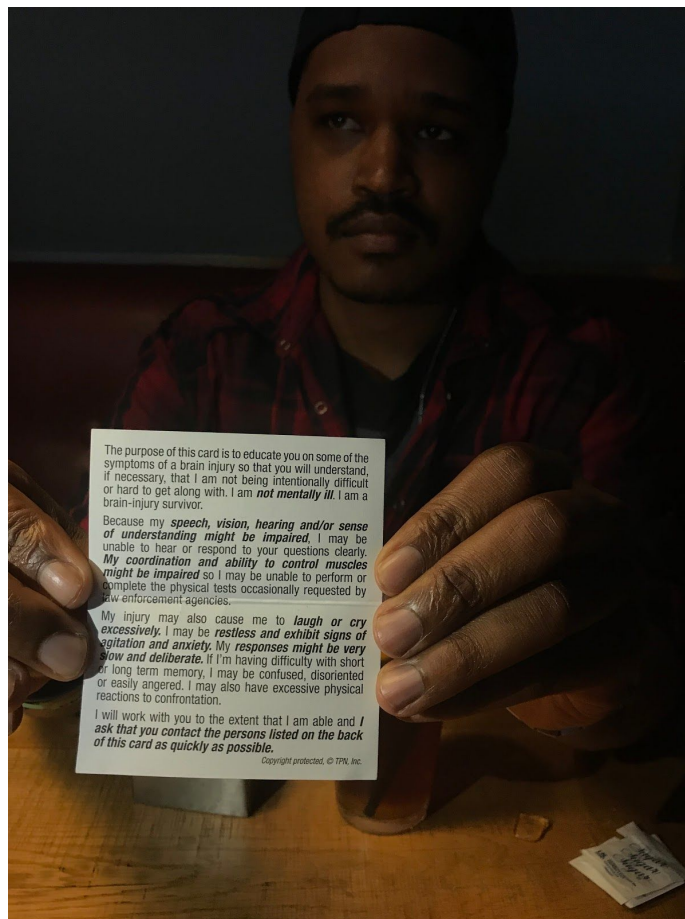
by [The MindReset](#)

Darryl, member of the PEco (Patient Ecosystem) Team, attended the Brain Injury DC support group this month where he was able to learn more about how an emergency identity card could be a useful resource for individuals with brain injury. He shared this reflection:

“They say sticks and stones may break my bones but words can never hurt me. Well that can be no farther from the truth for certain people.

Words, being teased because you're different, [or even certain looks] can hurt. Some of us have disabilities, but we are all human...and that is how this emergency I.D. contact card can be helpful for communicating.

On one side, it has a message explaining what people with disabilities go through and it can teach others about some of the challenges [of having a brain injury]. At the bottom of the card, it states that we are brain-injury survivors. On the other side [of the card], you write down your emergency contact, [with the intention of keeping] it in your wallet or purse. It's a good idea for people with short-term memory loss, epilepsy, panic attacks, and more. This I.D. card works, and as proof I keep one in my own wallet, so [get yours today!!!](#)”



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