



UPLIFTING NEWS

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Members of TMR Walk in Support of Suicide Prevention

4/22/18 - Madison, WI

by [The MindReset](#) on 4/24/18

The weather had finally turned to Spring in Madison and not a moment too soon as hundreds gathered in support of suicide prevention on the Sellery Hall basketball courts. The event was put on by the UW-Madison chapter of “Ask. Listen. Save.” in partnership with the American Foundation for Suicide Prevention (AFSP) of Wisconsin. Some of those directly impacted by suicide captivated the audience with stories of their journeys through depression, anxiety, suicidal ideation, and ultimately surviving attempts of suicide.

The speakers implored the audience to fight for increased support of mental health services and reminded those listening to never stop fighting for others who are struggling and living with mental illness.



“Today, we walk out of the darkness and into the light.”

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