



UPLIFTING NEWS

Members of TMR attend the national College of Psychiatric and Neurological Pharmacists conference

4/21-25/18 - Indianapolis, IN

by [The MindReset](#) on 4/29/18

This past weekend members of The MindReset team attended the CPNP Annual Meeting in Indianapolis, Indiana. This meeting of the College of Psychiatric and Neurologic Pharmacists (CPNP) provided educational sessions to fellow pharmacists about a number of topics concerning mental health and addiction. These educational sessions allowed pharmacists to learn about Medication Assisted Treatment programs for addiction, one of the most researched and evidence supported ways to combat the opioid crisis. Pharmacists even learned about how gluten free diets may benefit certain schizophrenic patients. Seeing so many active and engaged pharmacists wanting to care for their patients, all under one roof, was truly inspiring! CPNP also hosted a poster presentation as well as partnered with NAMI (National Alliance on Mental Illness) and their StigmaFree campaign, which focuses on reducing the stigma associated with mental health. As part of this campaign CPNP and NAMI hosted a walk Wednesday morning (4/25/18) where all proceeds of the walk went to support the StigmaFree campaign. NAMI also set up a wall where anybody could sign their name and pledge to be stigma free. Seeing so many pharmacists promise to reduce stigma in their practice makes you realize just how many passionate pharmacists there are! 4th year student pharmacist Caitlin Wise was able to present research on a new way to model antidepressants, using graphic models to make their binding profiles easier to understand. Caitlin said 'Being my last conference as a student pharmacist, this meeting is bittersweet. But I am so grateful to be part of CPNP and





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attend many educational sessions about mental health and substance abuse. Getting to present my poster was the highlight of the meeting, and I am hopeful that my research will make antidepressants easier to understand.'

Check out your TMR team pledging to be StigmaFree!

For an in depth coverage of the event, follow the link below!



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